

14-25 year olds



Youth Dance Company

Creative dance classes for young people with and without disabilities

Wednesdays 5.30-7pm

COME ALONG FOR A FREE CLASS!

What is a creative dance class?

Each class starts with games, a warm up and movement exercises to develop strength, stamina and flexibility. We then create dances together, swopping ideas and having fun!

**Venue: Shirley High School,
Shirley Church Road, Croydon,
CR0 5EF**

For more info and to discuss support needs contact Gemma Coldicott on

07887 781361

Fees are £40 per ten week term